



Getting it right
Tackling the health and wellbeing
challenges of children and young
people in Scotland

Bob Fraser

Health and Wellbeing

- World Health Organization:
 - Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.
- Wellbeing :
 - Oxford dictionary : The state of being comfortable, healthy, or happy



Other definitions of wellbeing....



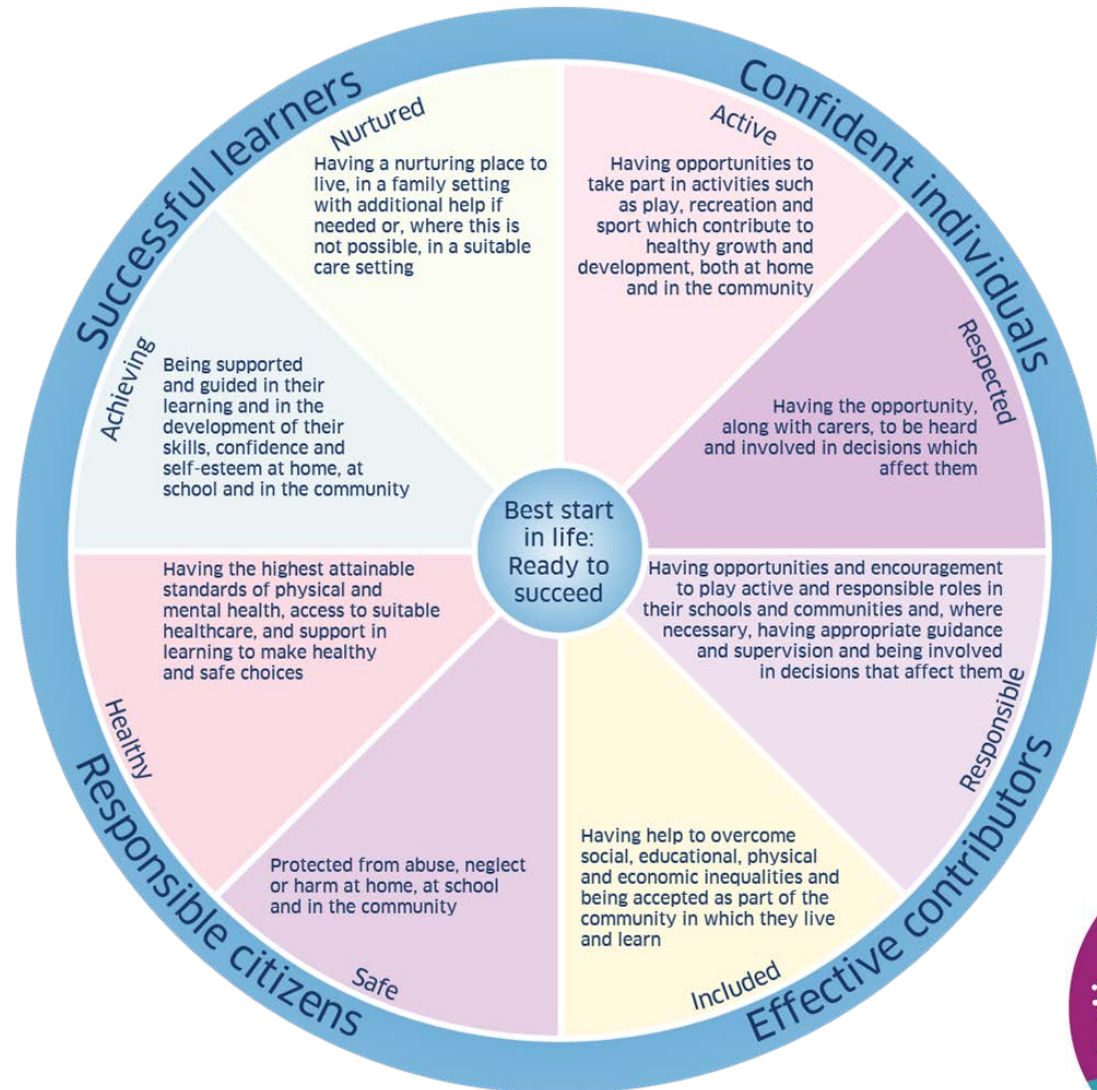
The balance point between an individual's resource pool and the challenges faced

Dodge et al 2012



GIRFEC Wellbeing Indicators

Safe
Healthy
Achieving
Nurtured
Active
Respected
Responsible
Included

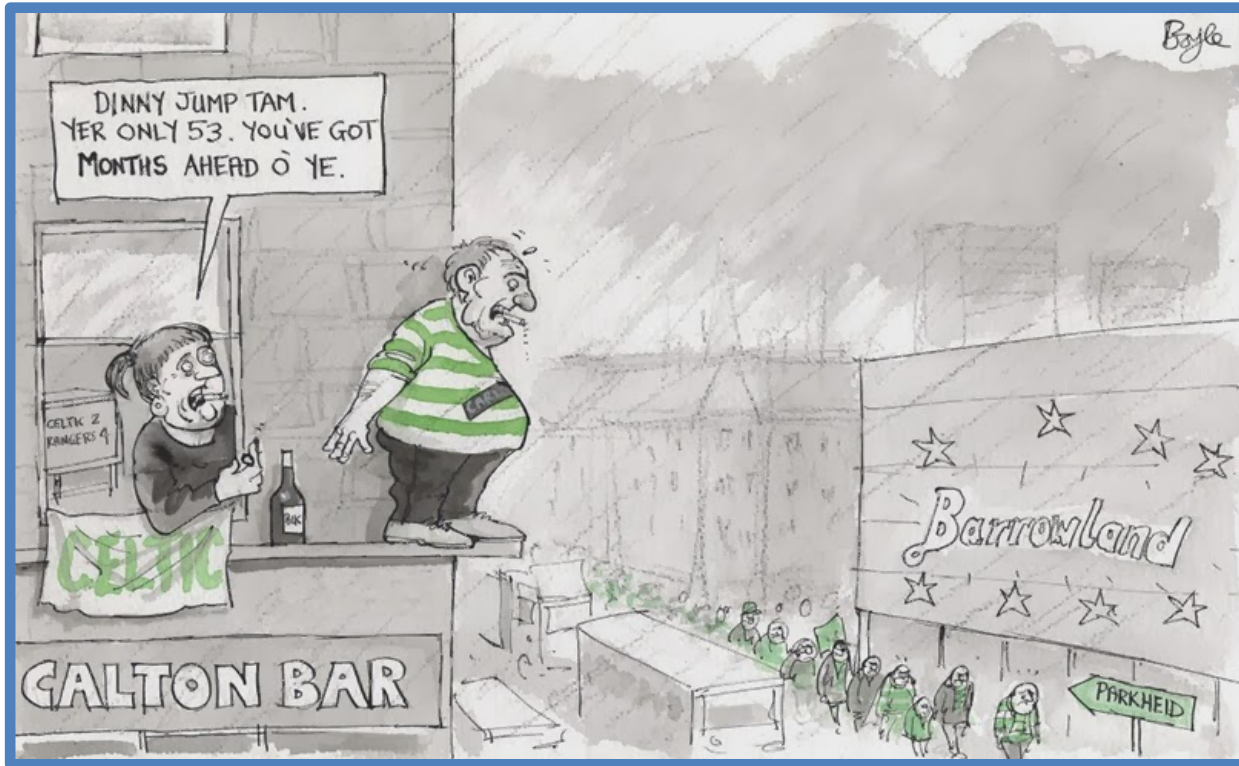


Children and Young People Act (Scotland) 2014

- Legislates for key components of the *Getting it right for every child* (GIRFEC) policy
- Key duties related ‘Wellbeing’ – August 2016
 - Wellbeing described in terms of SHANARRI indicators
- Individuals
 - Duty to make available to every child in Scotland a service to promote, support & safeguard their wellbeing.
 - Single coordinated child’s plan to address holistic wellbeing needs
- Populations
 - Children’s services plans that are focused on promoting, supporting and safeguard the wellbeing of children



Poverty and Inequality

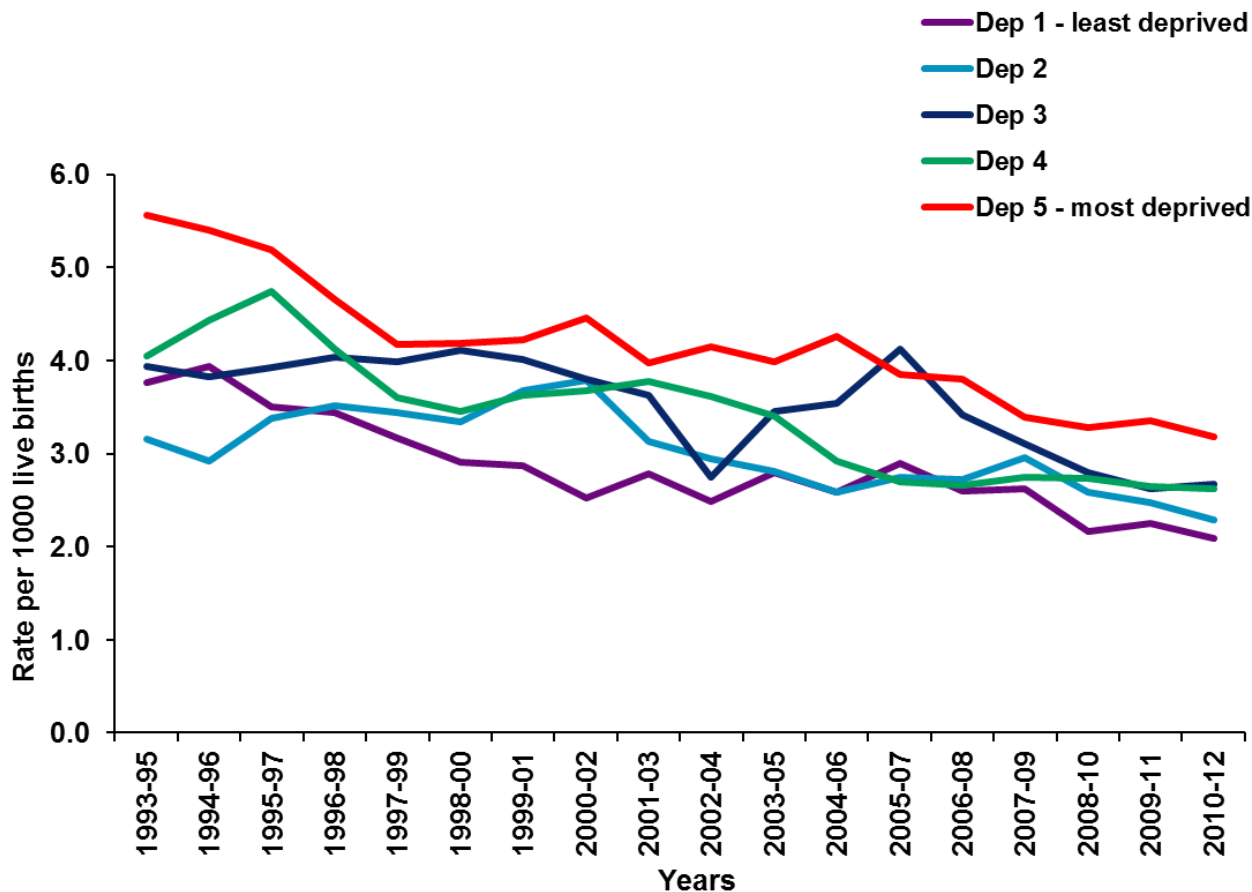


A quarter of boys born in Glasgow between 2010 and 2012 may not live to see their 65th birthday, according to research which shows the city has the lowest life expectancy in Britain.



Poverty and Inequality

Neonatal mortality rates by deprivation category: 1993/95 - 2010/12



Policy and Legislation

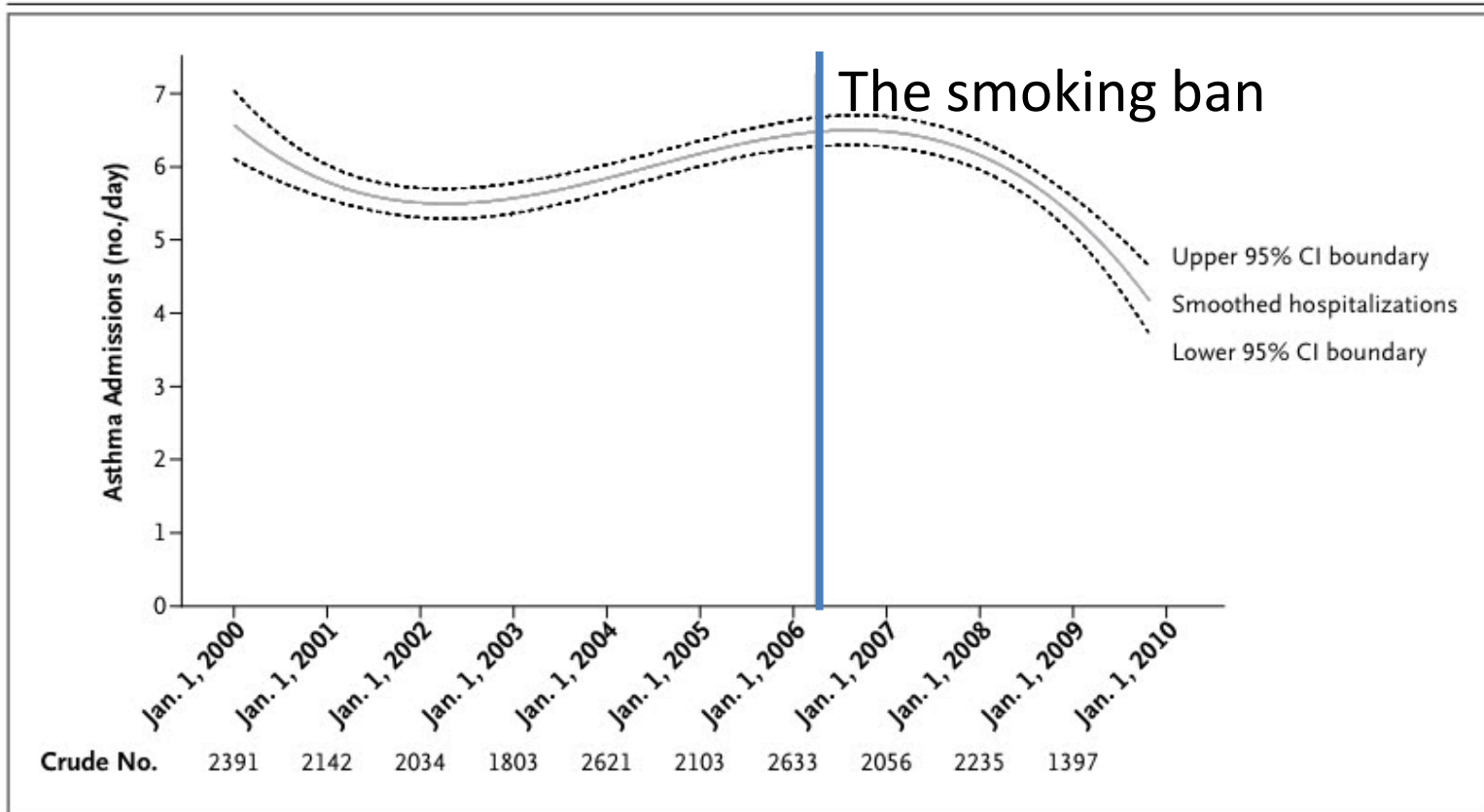


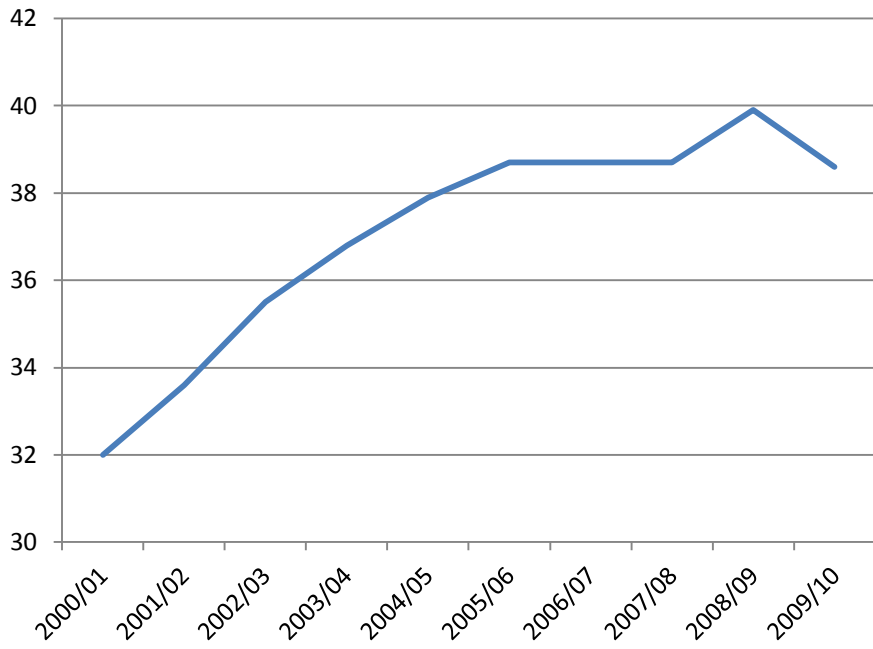
Figure 1. Daily Hospital Admissions for Asthma among Children between January 2000 and October 2009.

The smoothing of numbers for daily hospital admissions was performed with the use of the bspline option in the Stata statistical software package, version 10.1 (Stata). Smoke-free legislation was implemented on March 26, 2006 (vertical line).

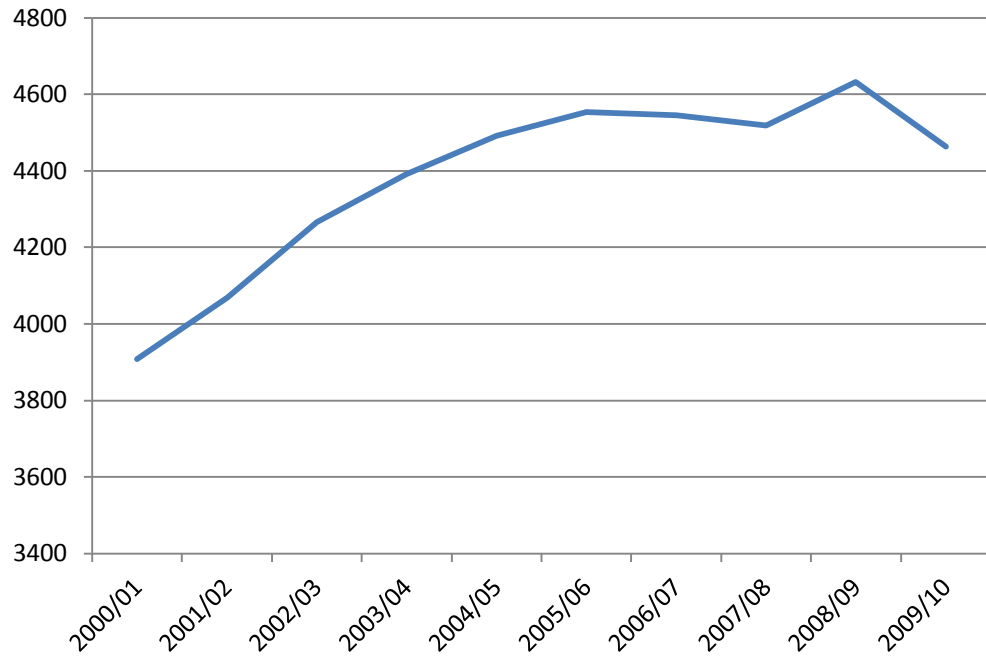


Life Limiting Conditions

**Children 0-19 with life limiting conditions (Scotland)
(Prevalance per 10,000 population)**



**Children 0-19 with life limiting conditions (Scotland)
Patients**



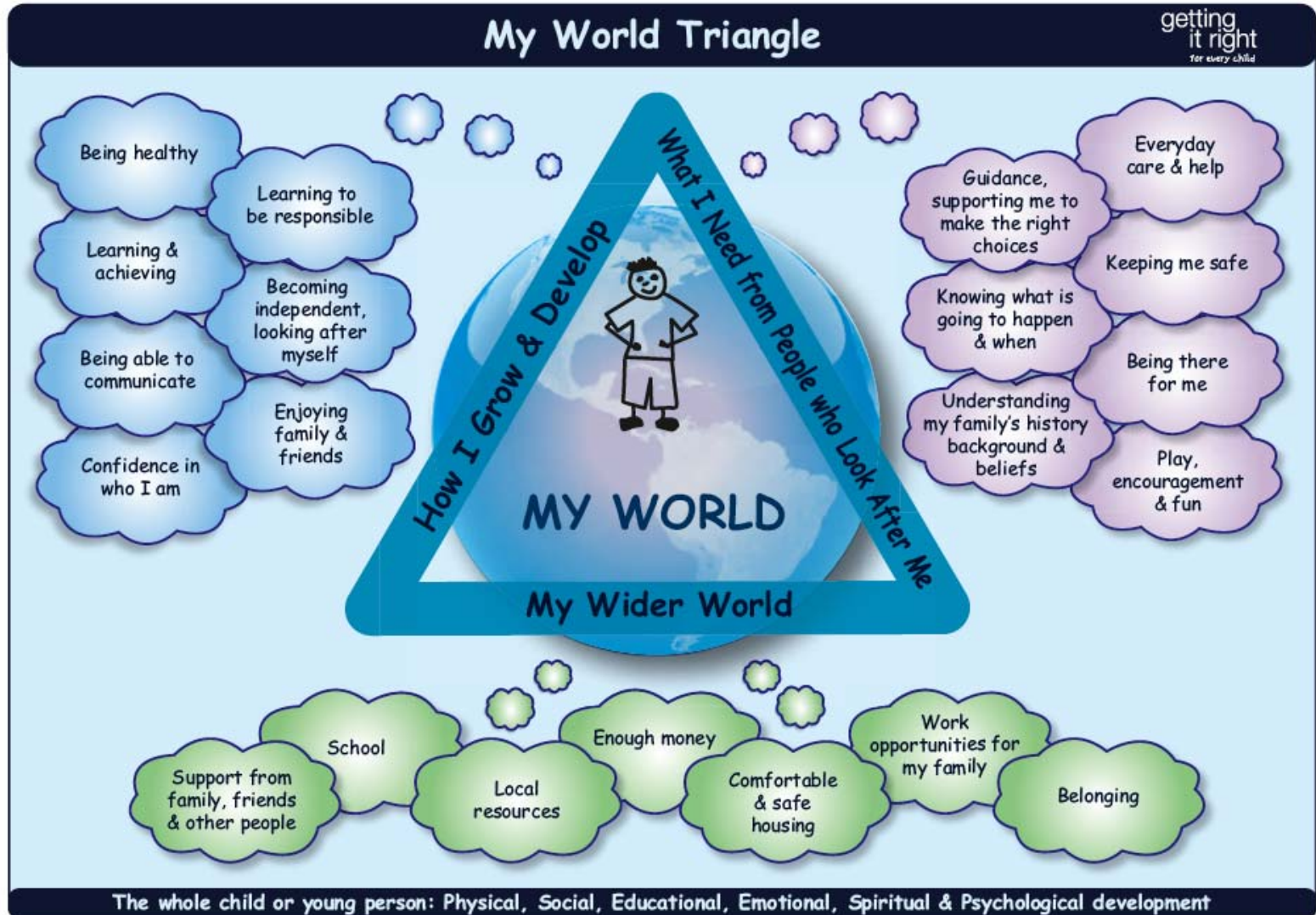
Choice/ Quality of life/ Wellbeing



"You've got six months, but with aggressive treatment we can help make that seem much longer."



The Wellbeing Environment



Getting it right

Tackling the health and wellbeing challenges of children and young people in Scotland

- Promoting, supporting and safeguarding children's wellbeing is everyone's business
- Affects and effects on wellbeing are complex
- After 40 years we implement the recommendations of the Court Report
- Partnership
- Be ready to hear the voice of the child





Thank you!