



Action for Sick Children (Scotland) Young Parent's Workshop Pack

Welcome to Action for Sick Children (Scotland)'s Young Parent's Workshop Pack.

This pack is intended for use with a wide variety of audiences, ranging from young parents themselves through to Healthcare Professionals and representatives from the voluntary sector who share an interest in young parents as a client group and of course, teachers. For this reason, the session notes are being referred to as Facilitator's Notes, not Lesson Plans and the audience are generally referred to as either "the audience" or "participants" rather than students or pupils.

The pack includes the DVD "Young Parents Speak Out" a 17 minute film, professionally shot, featuring young parents from across Tayside. Lorraine Kelly kindly provided the voice over and we hope that you will gain an invaluable insight into the attitudes and issues encountered by young parents, in their everyday lives but also in their dealings with healthcare professionals and in accessing services.

It is important to note that the DVD contains valid messages suitable for use with young parents but also with people who may work with young parents. A transcript of the film is also included. There is also the option of showing the DVD with subtitles.

The Facilitators Notes have been deliberately kept simple and straightforward. They are simply a framework which you should adapt to suit your own setting, environment, organisational requirements and of course, your audience. How you adapt them will also depend upon the age of your audience. This is because there can be a vast difference in the understanding and attitudes of a 13 year old young parent and a 19 year old young parent. This should be taken into consideration when you are planning your session. The adaptation may be as simple as adjusting the time you spend on the session.

Some of the case studies can lead to very involved (and heated!) discussions. You should emphasise that there is not always a right or wrong answer, however, it is worthwhile ensuring that you and/or your audience are familiar with any Child Protection Policies or Guidelines or Protocols, in use in their own organisation, as appropriate.

Each of the sessions can be presented in isolation as a one-off event, or as a short course.

We recommend that you spend some time examining the legislation and information available on children's healthcare rights and the EACH Charter and the UN Convention on the Rights of the Child. If the sessions are being delivered to an advanced audience, you may wish to examine some of the issues, arguments and legislative developments affecting "Mental/Capacity." We have included a short list of websites that you may find useful.